

RANDOM ACTS OF ECO KIND- NESS

☐ Pick up and safely trash 3 pieces of litter from a park or other outdoor space.

☐ Find 3 things in your house that were about to be thrown away and put them in the recycling bin instead.

☐ Check your house or meeting room and turn off any lights or electronics that are on but nobody is using.

☐ Roll a pinecone in sunbutter and birdseed, then hang it from a tree branch.

☐ Plant or scatter native wildflower seeds in a garden bed or window box to feed local pollinators.

☐ Give a young street tree or a thirsty garden plant a nice drink of water during a dry week.

☐ Keep a foldable reusable tote bag in your backpack so you can decline a plastic bag at the store.

☐ Turn off the faucet while brushing your teeth to save gallons of clean water.

☐ Bring a snack to your next troop meeting or school day using only reusable containers (no single-use plastic bags!).

☐ Use scissors to cut up every single loop of a plastic six-pack ring so wildlife can't get tangled up in it.

☐ Set a shallow dish of water outside with marbles or pebbles so bees and butterflies can land and drink safely.

☐ Keep doors and windows shut tight when the air conditioning or heat is on to save energy.

☐ Make a craft using only clean trash or recycling items (like a cardboard tube or plastic bottle cap).

How many can you do in a week? Or a month?

☐ Tell a friend or family member one cool fact you learned about helping the environment.

☐ Go for a walk and make sure you leave nothing behind—not even a snack wrapper or a fruit peel.

☐ Write down a promise to the Earth, sign your name, and decorate it to hang on your refrigerator.