



# unplugged and **OUTSIDE**

Choose 10 things you would like to do with your troop. Place a "T" on the line in front of it. Discuss with your troop and have a vote. Choose 10 things you would like to do with your family. Mark those with an "F" and place an "S" on 10 things you would like to do by yourself or with friends. As you complete any of the things listed mark the box with an "X".

- |                                |                                 |                                |                                      |
|--------------------------------|---------------------------------|--------------------------------|--------------------------------------|
| _____ <input type="checkbox"/> | Play tag                        | _____ <input type="checkbox"/> | Go horseback riding                  |
| _____ <input type="checkbox"/> | Ride a bike                     | _____ <input type="checkbox"/> | Fly a remote-controlled plane        |
| _____ <input type="checkbox"/> | Fly a kite                      | _____ <input type="checkbox"/> | Build a fort                         |
| _____ <input type="checkbox"/> | Play catch                      | _____ <input type="checkbox"/> | Play in a puddle                     |
| _____ <input type="checkbox"/> | Jump rope                       | _____ <input type="checkbox"/> | Have a game of capture the flag      |
| _____ <input type="checkbox"/> | Explore a nature trail          | _____ <input type="checkbox"/> | Try rock climbing                    |
| _____ <input type="checkbox"/> | Play hopscotch                  | _____ <input type="checkbox"/> | Have a picnic in the park            |
| _____ <input type="checkbox"/> | Have a picnic                   | _____ <input type="checkbox"/> | Play volleyball                      |
| _____ <input type="checkbox"/> | Play soccer                     | _____ <input type="checkbox"/> | Go camping                           |
| _____ <input type="checkbox"/> | Build a sandcastle at the beach | _____ <input type="checkbox"/> | Play badminton                       |
| _____ <input type="checkbox"/> | Roller skate                    | _____ <input type="checkbox"/> | Visit a zoo or animal farm           |
| _____ <input type="checkbox"/> | Play basketball                 | _____ <input type="checkbox"/> | Go on a hike                         |
| _____ <input type="checkbox"/> | Go on a scavenger hunt          | _____ <input type="checkbox"/> | Play in the dirt                     |
| _____ <input type="checkbox"/> | Play frisbee                    | _____ <input type="checkbox"/> | Go birdwatching                      |
| _____ <input type="checkbox"/> | Visit a playground              | _____ <input type="checkbox"/> | Play with a hula hoop                |
| _____ <input type="checkbox"/> | Play hide and seek              | _____ <input type="checkbox"/> | Go on a nature photography adventure |
| _____ <input type="checkbox"/> | Climb trees                     | _____ <input type="checkbox"/> | Play in a water park                 |
| _____ <input type="checkbox"/> | Have a water balloon fight      | _____ <input type="checkbox"/> | Try archery                          |
| _____ <input type="checkbox"/> | Play mini golf                  | _____ <input type="checkbox"/> | Have a nature scavenger hunt         |
| _____ <input type="checkbox"/> | Go for a nature walk            | _____ <input type="checkbox"/> | Explore your neighborhood            |
| _____ <input type="checkbox"/> | Play in a sprinkler             | _____ <input type="checkbox"/> | Play on a trampoline                 |
| _____ <input type="checkbox"/> | Plant a garden                  | _____ <input type="checkbox"/> | Go for a swim                        |
| _____ <input type="checkbox"/> | Go fishing                      | _____ <input type="checkbox"/> | Play in a splash pad                 |
| _____ <input type="checkbox"/> | Play in the snow or the rain    | _____ <input type="checkbox"/> | Try skateboarding                    |
| _____ <input type="checkbox"/> | Try geocaching                  | _____ <input type="checkbox"/> | See an outdoor movie                 |
| _____ <input type="checkbox"/> | _____                           | _____ <input type="checkbox"/> | _____                                |



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- \_\_\_\_\_  Go on a hike
- \_\_\_\_\_  Roast marshmallows
- \_\_\_\_\_  Learn how to pitch a tent
- \_\_\_\_\_  Create a nature scavenger hunt
- \_\_\_\_\_  Plant a garden
- \_\_\_\_\_  Take a bike ride
- \_\_\_\_\_  Have a picnic in a park
- \_\_\_\_\_  Learn outdoor cooking skills
- \_\_\_\_\_  Go birdwatching
- \_\_\_\_\_  Practice archery
- \_\_\_\_\_  Explore a local nature reserve
- \_\_\_\_\_  Try geocaching
- \_\_\_\_\_  Take a nature photography walk
- \_\_\_\_\_  Go canoeing or kayaking
- \_\_\_\_\_  Visit a farm
- \_\_\_\_\_  Organize a community clean-up event
- \_\_\_\_\_  Build and place a birdhouse or a bat box
- \_\_\_\_\_  Learn wilderness survival skills
- \_\_\_\_\_  Fly a kite
- \_\_\_\_\_  Go camping
- \_\_\_\_\_  Try rock climbing or rappelling
- \_\_\_\_\_  Stargaze at night
- \_\_\_\_\_  Go fishing and learn about aquatic ecosystems
- \_\_\_\_\_  Pitch a tent
- \_\_\_\_\_  Volunteer to walk dogs at a shelter
- \_\_\_\_\_  \_\_\_\_\_

- \_\_\_\_\_  Learn about local trees and their identification
- \_\_\_\_\_  Take a horseback riding lesson
- \_\_\_\_\_  Practice outdoor yoga or meditation
- \_\_\_\_\_  Visit a national park and learn about its wildlife
- \_\_\_\_\_  Have a nature-themed art session
- \_\_\_\_\_  Learn about outdoor first aid skills
- \_\_\_\_\_  Set up a butterfly or insect observation area
- \_\_\_\_\_  Try stand-up paddleboarding
- \_\_\_\_\_  Visit a beach and learn about coastal ecosystems
- \_\_\_\_\_  Set up a nature journal and document plants and animals
- \_\_\_\_\_  Play outdoor games like capture the flag or soccer
- \_\_\_\_\_  Build a campfire
- \_\_\_\_\_  Try orienteering
- \_\_\_\_\_  Learn about cloud formations
- \_\_\_\_\_  Go on a nature trail and identify tracks
- \_\_\_\_\_  Visit a wildlife rehabilitation center
- \_\_\_\_\_  Participate in a community gardening project
- \_\_\_\_\_  Go horseback riding on a scenic trail
- \_\_\_\_\_  Build a shelter using branches and leaves
- \_\_\_\_\_  Observe the night sky with a telescope
- \_\_\_\_\_  Take a nature walk and collect leaves for leaf pressing
- \_\_\_\_\_  Try kayaking or canoeing in a river or stream
- \_\_\_\_\_  Set up a DIY outdoor obstacle course
- \_\_\_\_\_  Learn about different types of rocks and minerals
- \_\_\_\_\_  Participate in a tree-planting project
- \_\_\_\_\_  \_\_\_\_\_