

Packing & Rolling Patch Program®

Personal Packing List for Weekend Camping Trip



Gear

- Warm sleeping bag
- Pillow
- Refillable water bottle
- Backpack
- Mess kit or unbreakable cup, plate, and eating utensils
- Flashlight or headlamp
- Extra batteries
- Plastic bag for laundry
- Small towel
- Washcloth
- Sit-Upon

Clothes

- Hat/bandanna
- Sunglasses
- 2 pairs of sturdy shoes
- 2 pairs long pants
- 1 pair of shorts if it's hot
- 2 T-shirts
- 1 sweatshirt
- 1 pair pajamas
- 3 pairs of socks
- 3 pairs of underwear
- Raincoat or poncho
- _____

Toiletries

- Toilet paper
- Soap
- Toothbrush and toothpaste
- Lip balm
- Hairbrush or comb
- Hair ties
- Insect repellent
- Sun Screen

Other

- Medication
- Pocket knife
- Compass
- Journal and Pen
- Teddy bear
- Snacks
- Items for special activities
such as a bathing suit