

SUMMER CHALLENGE

- Go Bike Riding
- Use a Compass
- Play Frisbee
- Blow Bubbles
- Have a Picnic
- Watch the Sunset
- Go Hiking
- Play in the Rain
- Hug a Tree
- Swim in a Pool
- Use Sidewalk Chalk
- Bake Cupcakes
- Plant Flowers
- Take Pictures Outside
- Paint a Picture
- Make a Healthy Snack
- Read a Book
- Read to an Older Adult
- Feed the Birds
- Draw a Self Portrait
- Go Letterboxing
- Drink from a Hose
- Play in the Sprinkler
- See an Outdoor Movie
- Go to a Play
- Make a Recycled Craft
- Play a Water Sport
- Go Birdwatching
- Watch Wildlife
- Go Stargazing
- Try a New Food
- Go Rollerblading
- Jump Rope
- Play a Team Sport
- Find a Rainbow
- Create a New Game
- Write a Story
- Do Community Service
- Help Make Dinner
- Learn a New Dance
- Teach a Parent the Dance
- Play Scrabble
- Watch Fireworks
- Color a Picture
- Play with a Pet
- Make a Gift for Someone
- Do Cartwheels in the Grass
- Visit a Beach, Lake or River
- Make a Duct Tape Craft
- Do Karyoke
- Play an Instrument
- Skip Down the Street
- Plan a Family Meal
- Make a Puppet
- Make a New Friend
- Decorate with Glitter
- Do Yoga
- Watch a Butterfly
- Try Pilates
- Make Pancakes
- Decorate a Cake
- Go on a Scavenger Hunt
- Make Slime
- Go Camping
- Try knot Tying
- Draw an Animal