

30 Days of Caring

Do 30 random acts of kindness in the next 30 days. Cut and paste the random acts from the next page or write in your own.



Make a Card for Someone	Hand Write a Thank You Note	Give Someone Your Dessert	Make a Snack for Someone	Clean Out the Family Car	Pull Some Weeds
Play With a Pet	Plant Something	Hold the Door for Someone	Clear the Table	Spend Time with Someone Lonely	Make Someone Lunch
Donate a Book	Help Make Dinner	Make Someone a Gift	Give a Family Member a Hug	Bake Cookies For Someone	Give Someone a Manicure
Help With The Food Shopping	Do a New Chore	Feed the Birds	Help Someone With a Chore	Read To Someone	Call an Older Family Member
Help a Neighbor	Donate Your Allowance	Write a Thank You to Your Leader	Donate Clothes	Help a Senior Citizen	Thank Your Teacher
Take Out the Garbage	Carry a Bag for Someone	Tell Someone You Love Them	Pick Up Litter	Donate a Toy	Play With A Younger Sibling