

# Friend or Frenemy?

Frenemies can be hard to spot. Is a good friend just having a bad day? Some situations can leave you confused and wondering if you're being too picky. The truth is many friendships are fluid and you may have to evaluate them continually. Take a look at each these scenarios. Is your friend 100% trustworthy? Fill in the meter for each one to help you decide: true friend or more of a frenemy?



You've been having some problems with your skin. Your friend remarks that you are "finally getting a handle on your pimples." How does it make you feel?



You studied very hard for a test. As usual, your friend who barely studied did better than you. Your friend says that "next time she studies you can join her." How does that make you feel?



Your friend tells you that she posted a "really funny photo" of you on instagram. She shows you the picture. It is very unflattering and has the #dorkybestie. How do you feel about it?



Your friend just got a great haircut and a new outfit. You're having a bad hair day and didn't put any effort into your clothes. She flags down the yearbook photographer to take a picture. When you protest, she says "oh, come on, you'll look OK." How does that make you feel.



You run into your bestie hangin' out with some new friends. They are goofing around and taking selfies. She asks you to take some photos of them. How does it make you feel?

