



PB&J Making Patch Program



Help fight hunger in your community. Making peanut butter & jelly sandwiches are a healthy and economical choice.

Tips for making peanut butter and jelly sandwiches:

Go online and learn about safe food handling before you begin.

Spread peanut butter on both sides of the bread so the jelly doesn't soak through.

Use a 3 to 1 ratio of peanut butter to jelly.

Cut sandwiches in half and individually bag them.

If possible, include an individually packaged wet nap with each sandwich especially if you are handing out sandwiches to people living on the street.

Put the sandwiches in the bread bags. Use a marker to label and date.

Supplies:

Peanut Butter

Jelly

Bread

Plastic Knives

Paper Plates

Sandwich Bags

Disposable Gloves

Permanent Marker

Individually Packaged

Wet Towels

How Daisies and Brownies can earn this patch:

Get donations.

Collect peanut butter, jelly and bread donation from you family and friends. Find a local shelter, church or food pantry who will welcome the donations. You could also pair up with an older girl troop and donate to their sandwich making project.

How Juniors and Cadettes can earn this patch:

Make Sandwiches.

Many homeless shelters will appreciate pre-made sandwiches for their guests. Find one or more in your area and ask how many sandwiches they can use. If you have a lot of sandwiches to make, invite family, friends or other troops to help out.

How Seniors and Ambassadors can earn this patch:

Distribute your sandwiches.

Make sandwiches and head out to an area where homeless people can be found during the day. If there are no safe areas, you could consider handing them out at a soup kitchen so guests can take them for a later meal.