

# Which Girl Scout Cadette Journey Badge in a Bag® Should We Choose?

Can all be done in 7 meetings, a weekend or one day. You choose!

## Impact Journey Badge in a Bag®

### Earn the MEDIA Cadette Journey

Learn how media influences your life and how you can make an impact on those in your community. You'll make a video or other creative media project.



examine print media for good and bad messages and turn the bad messages into a recycled locker caddy

You will discover how the Girl Scout law relates to media by making a wall hanging with inspirational quotes



question the values in music and TV and learn to focus in on the positive by trying out the role of director in your life

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make a sleep mask and learn how to balance your online life with your life off line

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discover the fun and freedom you can have when your phone is in a time-out chair



determine how some media negatively effects your community and use media to make an impact that leads to change

Plus... earn a fun patch!



## Peace Badge in a Bag®

### Earn the aMAZE Cadette Journey

Learn how to find peace in your life everyday and to spread it though your community with a Take Action project that can really make a difference.



You will make pom pom faces that grow as your confidence grows through out the journey



decorate a box to store keepsakes to remind you of what you have learned.

learn to navigate the maze of relationships in your life and make a maze game



choose three challenges to bring more peace in your life



decorate a peace sign to make for your room and keep inner peace in your life

make a computer buddy to sit by your computer and be a reminder for safe surfing



learn to weave your way through friendships and weave friendship knot swaps



practice teamwork

with a game of pom soccer and by doing mad libs



spread your message by making a troop quilt to display in you community

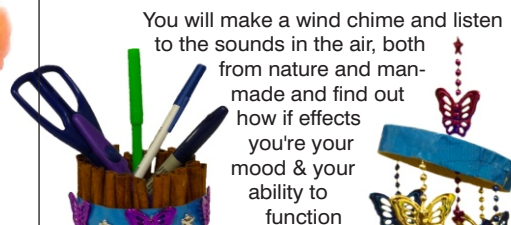
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## Fresh Air Journey Badge in a Bag®

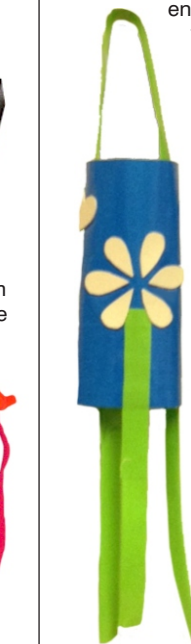
### Earn the Breathe Cadette Journey

By exploring how air quality effects all of our senses you will be guided into planning a project to prevent pollution from affecting our air quality.



You will make a wind chime and listen to the sounds in the air, both from nature and man-made and find out how if effects you're your mood & your ability to function

You will discover how scent effects the way we feel & make a pen holder out of cinnamon sticks to energize your brain for homework



see the air by making a windsock and discover what particles and be found in the air around you.

make a kite to learn about aerodynamics and weather while discussing what can be done during and after weather emergencies



make your own natural cleanser and compare it to commercial products while discussing cleaning up our environment



enjoy some time outside with aerodynamic flyers you decorate with duct tape



Plus... earn a fun patch!

