

Anxiety Awareness – Be a Sister Patch Program®

What does it mean to “be a sister?” Your girls will learn that it means to be inclusive of everyone. Even those who are “different.”

This patch program® recommends the reading of a my daughter’s book, *Willow’s Words*, to younger girls. She suffers from severe anxiety and would like to share her story with your girls. You can purchase her book from **Amazon** or get an autographed copy and a free patch when you order off her **website**. Mention MakingFriends in the comments section to get your free patch. You will also get 20% off when you purchase six copies or more.