

# Daisy Earth Adventure

Welcome to our Earth Adventure! You are on your way to a fun, exciting adventure with your girls. This program was designed to provide economical, hands-on activities to enhance the girls' experience and to make your time as a volunteer enjoyable and stress-free.

## Materials and Supplies

**Yellow highlighted** items are included in the Team Bag. One Team Bag will have enough group supplies for up to 12 girls to complete the team projects.

**Pink highlighted** items are included in each Girl's Bag. You will need one Girls Bag for each girl participating

**Green highlighted** items are available for purchase at your council store. You will need at least one Daisy Journey book **Between Earth and Sky** to read aloud to the girls and one **award set** for each girl. The accompanying leader guide has helpful information for customizing your journey and for interacting with girls of this age.

**Blue highlighted** items are not included in either pack.

## Overview

This program is designed for six one-hour sessions. Each session is broken down into six segments.

- 1) Arrival and Opening Ceremony (5 Minutes)
- 2) Story Time (10 Minutes)
- 3) Discussion Time with Snack Optional (10 Minutes)
- 4) Project Time (15 Minutes)
- 5) Individual Time (10 Minutes)
- 6) Team Time and Closing Ceremony (10 Minutes)

Plus one planning session and one party event.



## Arrival and Opening Ceremony for all Sessions

As girls arrive, give them each a coloring page to work on until the meeting begins. There are six coloring pages; one for each meeting. The coloring pages will be used as clues for a future meeting. This is also a good time to collect dues and any needed paper work. Begin your meetings with a simple ceremony such as saying the Girl Scout Promise or the Pledge.

## Mini Scrapbooks

What will the girls be putting in their scrapbook? We've provided coloring pages and paper for personal drawings that will fit in the scrapbook. If possible, have someone take photos during your sessions. Digital photos can be printed on inexpensive copy paper and added to the scrapbook. If you take a trip, try to gather a memento such as a postcard to add the scrapbook. Paper dolls from MakingFriends.com fit in the scrapbook. There are free Daisy Girl Scout paper dolls and free gardener paper dolls.

## Taking a Trip or Tour

While not necessary, girls will love to take a trip to enhance their adventure. A trip to a local nature center or an interesting natural setting would be a good experience for learning about your local environment. The Girls' Bags include a "Love the Earth" fun patch as a keepsake for a trip. If you prefer, the patch can be awarded for a community service project. See the "Planning Session" on the reverse side for ideas.

The leader guide has many other ideas. Customize your adventure to what will work best for you.

## Session 1 Learning To Be Prepared

### Session 1, Before You Begin

You Need: **Crayons**  
**Roll of Paper for Mural**  
**Free Flower Printables from MakingFriends.com**  
**Jumbo Craft Sticks**  
**Tacky Glue**  
**Scissors**  
**"Be Prepared" Poster**  
**Blank 4" x 6" Paper (1 per girl)**  
**Love the Earth Stickers Sheet (1 per girl)**  
**Mini Scrapbook (1 per girl)**  
**Scrapbook Cover Insert (1 per girl)**  
**Girl Planting Flowers Coloring Page (1 per girl)**  
**Between Earth & Sky Background Patch**  
**Between Earth & Sky Story Book**



BONUS PROJECT  
 PRINT FREE AT  
 MAKINGFRIENDS.COM



### Session 1, Arrival and Opening Ceremony

Girls work on their coloring page until meeting begins. Place the page in their scrapbook.

### Session 1, Story Time

Read aloud pages 5-18 of "Between Earth & Sky". (Consider making the story interactive by printing the free flower faces from MakingFriends.com and gluing them to craft sticks to make puppets. [http://www.makingfriends.com/scouts/scouts\\_daisy.htm](http://www.makingfriends.com/scouts/scouts_daisy.htm))

### Session 1, Discussion Time

Discuss with the girls what it means to "Be Prepared". Ask them what they would take on a road trip. Each time a girl participates ask her to place a sticker on the "Be Prepared" poster.



### Session 1, Project Time

Instruct the girls to decorate the printed insert for the scrapbook cover with some of the stickers. Slide the insert in the front sleeve of the scrapbook. Insert the coloring page in the scrapbook. The stickers will continue to be used throughout the adventure.

### Session 1, Individual Time

Instruct girls to write their name on a sheet of the blank scrapbook paper. Ask the girls, "What would be your favorite place to travel? Draw a picture of yourself there." Place inside the scrapbook.

### Session 1, Team Time

Instruct the girls to draw a road on the mural paper. Ask them to draw flowers along the road. End your meetings with a Friendship Circle and give the girls their *Between Earth & Sky* Background Award as their rides arrive.

Extra Time? Have your ipod handy. Play some music and dance "like flowers in the breeze".

## Session 2 Learning About Your Feelings

### Session 2, Before You Begin

You Need: **Crayons**  
**Scissors**  
**Glue**  
**Marker**  
**Mural**  
**Large Blue Bucket**  
**6 Wooden Sticks**  
**6 Paper Plates**  
**3 Sheets of Emotion Faces**  
**Blank 4" x 6" Paper (1 per girl)**  
**Love the Earth Stickers Sheet (1 per girl)**  
**Mini Scrapbook (1 per girl)**  
**"Keep Off the Dunes" Coloring Page (1 per girl)**  
**Small Blue Bucket (1 per girl)**  
**Tag (1 per girl)**  
**Between Earth & Sky Story Book**



If possible, hold your meeting outside. If not, collect some small nature items such as twigs, leaves, and small rocks. Scatter them in your meeting location before the girls arrive.

### Session 2, Arrival and Opening Ceremony

Girls work on their coloring page until meeting begins. Place the page in their scrapbook.

### Session 2, Story Time

Read aloud pages 25-32 of "Between Earth & Sky".

### Session 2, Project Time

Working in pairs, instruct the girls to cut out the "feelings faces" and glue each one to a paper plate. Glue the plate to the end of a paint stick. There are six emotions represented by the faces:

Happy	Mad	Surprised
Sad	Proud	Worried

Write the emotion represented by the face on the paint stick with a marker. Discuss with the girls what each emotion means.

### Session 2, Discussion Time

Ask the girls to take turns picking the face which best represents how she is feeling. Talk about situations when they might feel some of the other emotions. How did they feel on the first day of school? Encourage them to use the "Feeling Faces" to help them describe how they felt. How do they feel when they get a good grade on a test? A bad grade? How do they feel about being a Daisy Girl Scout?

### Session 2, Individual Time

Give each girl a small blue bucket and a tag. Have them write their names on the tag and add a sticker. Help them tie the tag to the bucket. Instruct the girls to look around for some items from nature to collect in their buckets. Make sure that the girls do not pick anything from a live plant but only collect what they find on the ground. Give each girl a piece of 4" x 6" paper. Instruct them to draw the items they found in nature and add the page to their scrapbooks.



### Session 2, Team Time

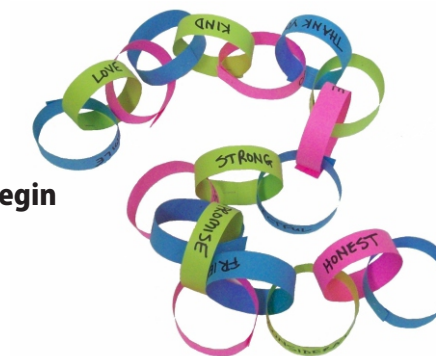
Place all your nature items in the center of your group. Have the girls sort by type; all the twigs in one pile all the rocks in one pile, etc. How are the items the same? How are they different? Are there other ways to sort? Maybe color or size? If you have time the girls can work on the mural adding drawing of the items from nature along the road. Collect the small buckets for future meetings. End your meetings with a Friendship Circle.

Why not cut and paste on your mural too? Add photos printed from the internet.

## Session 3 Learning About Good Words

### Session 3, Before You Begin

You Need: **Crayons**  
**Glue**  
**Markers**  
**Mural**  
**Stapler**  
**Strips of Colored Card Stock**  
**Blank 4" x 6" Paper (2 per girl)**  
**Large Blue Bucket**  
**"Feelings Faces"**  
**Law Poster**  
**Love the Earth Stickers Sheet (1 per girl)**  
**Mini Scrapbook (1 per girl)**  
**Girl Planting Tree Coloring Page (1 per girl)**  
**Between Earth & Sky Story Book**  
**Blue Bucket Award**



### Session 3, Arrival and Opening Ceremony

Girls work on their coloring page until meeting begins. Place the page in their scrapbook.

### Session 3, Story Time

Read aloud pages 39-48 of *Between Earth & Sky* Story Book.

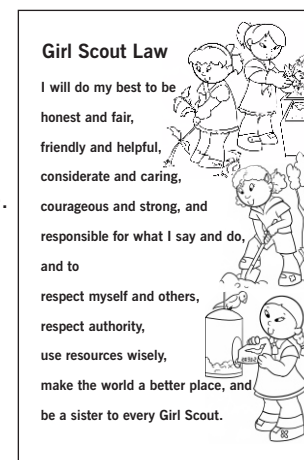
### Session 3, Discussion Time

Using the "feelings faces", discuss with the girls some of the emotions described in the story. You might choose to discuss each passage as you read it.

How does Clover feel about her cousin in Alaska? (worried)  
 How will Clover feel once she reaches California? (happy)  
 How does Zinni feel about finding Sunny? (worried)  
 How do the flowers feel when they first see the city? (surprised)  
 How does Sunny feel when she sees the others? (surprised)  
 How does Sunny feel about cleaning the soil? (proud)

### Session 3, Project Time

Using the poster, review the Girl Scout law with your girls. Talk to them about the important words used in the law: honest, fair, friendly, helpful, considerate, caring, strong, courageous, respect and responsible. Write each important word on a card stock strip. Staple the strips into loops making a paper chain. Ask the girls to think of other important words such as promise, please, friend and smile. Add the new words to the paper chain. Place the paper chain inside the bucket. Show the girls how the bucket is full of good words.



### Session 3, Individual Time

Give each girl two pieces of the 4" x 6" paper. Instruct them to draw a situation where someone is happy or proud. Then have them draw a situation when someone is worried or sad.

### Session 3, Team Time

One at a time, have each girl show her drawings. What can be done to help change the bad feelings? Have the girls role play the different situations to turn them from bad feelings to good feelings. Remind them about the good words and how they can help. Congratulate the girls for earning their Blue Bucket award by talking about their feelings and recognizing the feelings of others. End your meetings with a Friendship Circle and a give them their awards as their rides arrive.

The girls can use their stickers to decorate their personal buckets.



## Session 4 Living by the Girl Scout Law

### Session 4, Before You Begin

You Need: [Crayons](#)  
[Hot Glue Gun](#)  
[Marker](#)  
[Mural](#)  
[Sandwich Bag \(1 per girl\)](#)  
[Tacky Glue and Craft Sticks](#)  
[Disposable Cups](#)  
[Law Poster](#)  
[Blank 4" x 6" Paper \(1 per girl\)](#)  
[Foamie Oval and Circle Pieces](#)  
[Styrofoam Disk](#)  
[Tissue Paper](#)  
[Wooden Skewers](#)  
[Wiggle Eyes](#)  
[Large Blue Bucket](#)  
[Love the Earth Sticker Sheets \(1 per girl\)](#)  
[Mini Scrapbook \(1 per girl\)](#)  
[Feeding the Birds Coloring Page \(1 per girl\)](#)  
[Between Earth & Sky Story Book](#)



Before the meeting, hot glue the blue foamie circles to the dull end of the skewers. Hot glue two green foamie ovals about 2" from the blue circle for leaves. Place the remaining ovals, sorted by color in a sandwich bag. You will have ten bags each with a different color and two bags with white ovals. Place the sandwich bags in the big blue bucket.

### Session 4, Arrival and Opening Ceremony

Girls work on their coloring page until meeting begins.

### Session 4, Story Time

Read aloud pages 53-62 of "Between Earth & Sky" Story Book.

### Session 4, Discussion Time

Take the girls outside. How does the air smell? What about different plants and flowers. How do they smell? Even the ground will have a smell. If you can't bring the girls outside, have some items from nature on hand that they can smell.

### Session 4, Project Time

Have the girls reach inside the bucket and pick out a bag of foamies without looking. If necessary, remind the girls about living by the Girl Scout law. "We picked the foamies fairly. This is a group project and all the colors will look pretty." Pour some tacky glue into disposable cups. Give each girl one of the prepared skewers, two wiggle eyes and a craft stick. Instruct them to glue the wiggle eyes on the blue circle, draw on a mouth and glue the petals to the back of the blue circle to make a flower. Each flower represents one part of the Girl Scout Law. (See the inside front cover of "Between Earth & Sky" Story Book.) Have each girl take a turn and use her crayon to highlight the corresponding part of the Girl Scout law.

### Session 4, Individual Time

Give each girl a sheet of the blank scrapbook paper and have her draw her flower and place inside the scrapbook.

### Session 4, Team Time

Place the Styrofoam disk in the big blue bucket. Have the girls recite the law and "plant" the flowers in the Styrofoam disk. Instruct them to tear and crumple the green tissue paper and place it around the flowers.

## Session 5 Planning a Take Action Project

### Session 5, Before You Begin

You Need: [Crayons](#)  
[Mural](#)  
[Sandwich Bag \(1 per girl\)](#)  
[Grocery Bag or Tote](#)  
[Cups and Water \(1 per girl\)](#)  
[Law Poster](#)  
[Blank 4" x 6" Paper \(2 per girl\)](#)  
[Foamie Flower Pieces](#)  
[Plastic Straw](#)  
[Paper Chain](#)  
[Love the Earth Sticker Sheets \(1 per girl\)](#)  
[Small Blue Bucket with Tag \(1 per girl\)](#)  
[Mini Scrapbook \(1 per girl\)](#)  
[Girl Watering Coloring Page \(1 per girl\)](#)  
[Between Earth & Sky Story Book](#)



Place one large and one small foamie flower in each sandwich bag. Place the straws and the sandwich bags in your grocery bag or tote.

### Session 5, Arrival and Opening Ceremony

Girls work on their coloring page until meeting begins. Place the page in their scrapbook.

### Session 5, Story Time

Hand out the garden hats. Read aloud pages 67-74 of *Between Earth & Sky* Story Book

### Session 5, Discussion Time

Tell the girls it's time to plan for their Take Action Project. What project are the flower friends taking on? (They are going to convince Clover's cousin to leave Alaska where she is interfering with the natural surroundings.) Think about where you live. What could your group do to help the environment? Look through your coloring pages for hints. Can you plant a tree in a special place that does not need extra water or care? Is there a local park that needs some cleanup? Maybe there are local wild animals that can use some assistance from the community. Decide with your group what, when and how to do the project. Your project can be as simple as making posters to hang up reminding people not to litter. If you have a bigger project, you don't have to do it alone. Ask family, friends, other troops or anyone in your community for help.

### Session 5, Project Time

Have the girls pick a straw without looking. Have them pick a sandwich bag without looking. Hopefully this time, they will not have to be reminded about living the Girl Scout law! Have them poke the top of the straw through the big flower then through the smaller flower. Give each girl a cup of water and use their straws to drink. Explain that flowers "drink" by pulling water out of the soil and up through their stems.

### Session 5, Individual Time

Give each girl two pieces of the 4" x 6" paper and crayons to put in their personal buckets. Send them outside and show them how to make a rubbing using the side of a crayon. Have them find three different textures and make rubbings to place in their scrapbooks.

### Session 5, Team Time

Do the girls have any other words to add to their paper chain? The more words they add the longer the chain can reach out to others. There are many good words. Family, peace, smile are good suggestions to make. The girls can also work on the mural adding places from their story book. Collect the small buckets for future meetings. End your meetings with a Friendship Circle.

## Session 6 Discovering Your Special Skills

### Session 6, Before You Begin

You Need: [Crayons](#)  
[Mural](#)  
[Fine Point Permanent Marker](#)  
[Blank 4" x 6" Paper \(1 per girl\)](#)  
[Foamie Sticks \(6 per girl\)](#)  
[Smile Face Stickers](#)  
[Love the Earth Sticker Sheets \(1 per girl\)](#)  
[Small Blue Bucket with Tag \(1 per girl\)](#)  
[Mini Scrapbook \(1 per girl\)](#)  
[Girl Pulling Weeds Coloring Page \(1 per girl\)](#)  
[Between Earth & Sky Story Book](#)  
[Firefly Award](#)



### Session 6, Arrival and Opening Ceremony

Girls work on their coloring page until meeting begins. Place the page in their scrapbook.

### Session 6, Story Time

Hand out the garden hats. Read aloud pages 79-89 of *Between Earth & Sky* Story Book

### Session 6, Discussion Time

Ask the girls if they enjoyed the book and learning about loving the earth. What about their Take Action Project? What can each girl do to help complete the project? Have the girls think about things they are good at. Who is good at drawing? Who is a good at speaking up? Who is a good listener? Who is strong and can carry heavy supplies? Who is tall and can reach up high? Who is good at sharing? What about taking care of younger children?

### Session 6, Project Time

Give each girl a sheet of smile stickers and six foamie sticks. Instruct them to place a smaller smile sticker at the top end of each craft stick. Help each girl write one of her special skills on each stick and place them in her bucket. Some more ideas for special skills: good reader, good at cleaning up after themselves, good at helping others. Review the Girl Scout law for more ideas.

### Session 6, Individual Time

Give each girl one sheet of the blank scrapbook paper and have her draw a picture of herself doing one of her special skills. Instruct her to share that skill with others and teach someone else at home or school that skill. Congratulate the girls. They have earned the Firefly Award.

### Session 6, Team Time

Finish up the mural and the paper chain. Collect the small buckets for your celebration. End your meetings with a Friendship Circle and hand out the awards as the drivers arrive.

## Planning Meeting

You Need: [Law Poster](#)  
[Invitation](#)  
[Love the Earth](#)  
[Sticker Sheets \(1 per girl\)](#)



Tell your girls that you will have a celebration to share their experiences on the Love the Earth Adventure with others. The celebration can be combined with your Take Action Project or you can celebrate after the project is complete. The girls will receive their final Clover Award for learning about protecting the earth in your area and for educating and inspiring others in the community to do the same.

Who would they like to invite? Another Daisy troop? Their families? A friend who is not yet in Girl Scouts? Help the girls fill out the invitations and have them decorate with stickers.

Tell the girls that during the celebration they will be performing a skit. What else will they do? Serve a healthy snack? Play music? They certainly will want to display their bucket of skills, their paper chain, their "feelings faces" and the mural. They will also want to leave their scrapbooks out for the guests to admire.

This might be a good time for a service project. Your girls could ask your guests to meet them for a clean up or a planting before the celebration. Decide with your group what they want to do. The girls' packs came with a "Love Earth" Fun Patch. You could award the girls this patch for the service project.

### Here's an idea for a skit:

Using your big blue bucket of planted flowers as a prop, have the two girls who made white daisy flowers "pick" their flowers from the bucket and recite the Girl Scout Promise.

Then one at a time, have each girl "pick" her flower and recite her line:

Light Blue, "I am honest and fair when \_\_\_\_\_."

Yellow, "I am friendly and helpful when \_\_\_\_\_."

Spring Green, "I am considerate and caring when \_\_\_\_\_."

Red, "I am courageous and strong when \_\_\_\_\_."

Orange, "I am responsible for what I say and do when \_\_\_\_\_."

Purple, "I respect myself and others when \_\_\_\_\_."

Magenta, "I respect authority when \_\_\_\_\_."

Green, "I use resources wisely when \_\_\_\_\_."

Rose, "I can make the world a better place when \_\_\_\_\_."

Violet, "I am a sister to other Girl Scouts when \_\_\_\_\_."

If you have less than 12 girls, some of the girls can "pick" more than one flower.

At the end of your celebration, award the girls their certificates and their Clover award.



If your girls still have plenty of stickers, they can use them to decorate their pails.

Rushing through meetings? Consider making your meetings 1 hour and 15 minutes.

Choose a Take Action Project that is right for your troop.

Consider refreshments that are that are locally grown or produced.